

**NAMI EDUCATION,  
TRAINING AND PEER  
SUPPORT STAFF**

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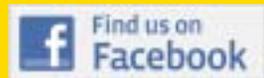
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[NAMI Basics](#)  
[NAMI Connection](#)  
[NAMI Family-to-Family](#)  
[NAMI In Our Own Voice](#)  
[NAMI Peer-to-Peer](#)

## Need Answers? Visit the New Education Help Desk!

As NAMI Education leaders, you are constantly fielding questions:

- Who can train to teach Basics?
- What are the qualifications to be a Peer-to-Peer Mentor?
- How do I notify NAMI of Program Director changes or upcoming trainings?
- What's the stipend for In Our Own Voice Presenters?
- How can I increase attendance at my new Connection group?
- Where do I report data for Family-to-Family classes?

The answers to these and other frequently asked questions await you on the new NAMI Education, Training and Peer Support Help Desk!

We know it can be challenging to find the answers you need to make important decisions about your programs. This is especially true if you direct multiple programs. The NAMI Education department has created the Help Desk as a one-stop shop for our Program Directors and Coordinators on the NAMI website.

The Help Desk contains valuable information to help you manage your programs such as:

- Policies and Procedures that govern each program

- Data reporting links
- FAQs for all of NAMI's Signature Programs
- NAMI PowerPoint program slides to be used for marketing
- Program Directors' and Coordinators' Guides

More features will be added as the site develops. Check it out and give us your feedback.

And be sure to bookmark the Help Desk site so the answers you need will always be at your fingertips!

Be on the lookout for the link below as the portal to our Help Desk when visiting any of our signature education program webpages.

Happy surfing!



# A Successful Training of Trainers Event in St. Louis!

This year marks the 20th anniversary of NAMI Education, Training and Peer Support Programs. At the recent Training of Trainers event in St. Louis, participants took an opportunity to celebrate this anniversary as well as the founder and creator of NAMI's Education and Peer Support programs, Dr. Joyce Burland. Dr. Burland was

“The greatest compliment we can pay our mentor Joyce is to see that these programs flourish. Let us each commit to that end!”

presented with flowers, an anniversary cake and gifts from the Familia-a-Familia and Family-to-Family training groups. Participants were invited to an open microphone to share their thoughts with the group about the impact her work has made in their lives. Tears were shed and laughter echoed as people shared their stories.

This year's training is evidence of the remarkable growth of NAMI education and support programs since the early nineties. 135 new state trainers in 7 different programs were certified:

Basics: 28	Family Support Group: 21
Connection: 23	In Our Own Voice: 20
Family-to-Family: 25	Peer-to-Peer: 13
Familia-a-Familia: 5	

Program Coordinators Maura Bulger and Carmen Argueta did a phenomenal job of coordinating every detail, ensuring a seamless experience for par-

“This has been one of the most informative and concise trainings I've ever been to. This weekend has also given me deeper insight into NAMI and its workings. Being with, seeing and hearing all those dedicated people has given me incentive to go out and do all in my ability to further the wonderful work NAMI does.”

ticipants. Also, as a result of the training there are new National Trainers for the Peer-to-Peer, Basics and Family-to-Family Programs, which add depth to our bench for future trainings. We look forward

“The training gave me a definite, clear and appropriate way to not only be a trainer but be a GREAT trainer!”

to continuing the celebration of the anniversary of NAMI Programs and Dr. Burland at the NAMI Convention in Chicago.



# Train The Trainer 2011: A Trainees' Perspective!

## Letter by Dr. Samuel Hargrove

During my experiences with NAMI, I have been afforded many opportunities to meet wonderful like-minded individuals with purpose in their hearts. I have been fortunate to observe their strong commitment to advocacy through education, and the training in St. Louis was no different. It proved to be well worth the efforts of NAMI Durham and NAMI North Carolina in preparing me for the journey.

Days and nights passed in anticipation of NAMI's In Our Own Voice (IOOV) Training of Trainers. When the day finally came, the excitement and anxiousness only progressed as I gathered with my fellow trainees in St. Louis.

On the first day of class, I recognized Robert Villanueva of the IOOV video. He turned out to be one of four dynamite national trainers! The class participants also proved to be wonderful people with whom I look forward in having long-lasting relationships. The trainers must have agreed, as I remember one of the trainers exclaiming, "this is one of the greatest classes I have had the pleasure of teaching!"

On behalf of the 2011 IOOV trainees, I'd like to thank the national trainers. They modeled exemplary classroom direction and presentation skills. NAMI as well as IOOV was represented with excellence. I am proud to know all of you and look to more trainings in the future.

-Samuel



**There is no health  
without mental health.**



Learn the facts, visit [www.nami.org/multicultural](http://www.nami.org/multicultural).

**National Minority**  
Mental Health Awareness Month

JULY 2011

## **July is National Minority Mental Health Awareness Month!**

2011 Census Bureau figures show that racial/ethnic minorities represented between 81 and 89 percent of U.S. population growth since 2000, and Latinos accounted for approximately 40 percent of U.S. growth in the 18-and-older population since 2000! Help NAMI continue to be the nation's voice on mental illness by actively engaging diverse communities.

National Minority Mental Health Awareness Month gives NAMI Education programs a month-long opportunity to reach and engage

diverse communities. Take advantage of this opportunity by hosting a local event. For event ideas and marketing resources please [CLICK HERE](#). NAMI has developed flyers, logos, sample press releases and other resources you may use.

To learn more join us for a national webinar on Tuesday, June 14 at 3 p.m. ET. Sign up [HERE](#). For more information please email the NAMI [Multicultural Action Center](#).

# Upcoming Events

SAVE THE DATE: October 13 – 16, 2011

## The Education, Training and Peer Support Center Fall Trainings

### Expanding our NAMI Spanish Language Education Programs

We will host a National Spanish training of De Familia-a-Familia teachers, Persona-a-Persona mentors, En Nuestra Propria Voz presenters and Conexión NAMI facilitators in St. Louis, Missouri.

If you have Spanish-speaking teachers, mentors, presenters and facilitators interested in expanding our education efforts in Spanish, we highly encourage you to take advantage of this wonderful opportunity.

### Parents and Teachers as Allies Training of State Trainers

In conjunction with our Spanish efforts, the Education Center will also host a training of state trainers for Parents and Teachers as Allies, the first one in several years.

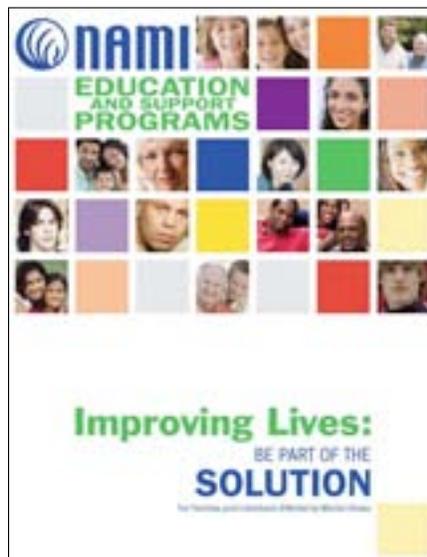
If you are interested in bringing this wonderful program to your state, this is the perfect opportunity.

For more information on these training opportunities, please contact [edutraininginfo@nami.org](mailto:edutraininginfo@nami.org).

# General News

## A **FREE** COMMUNITY OUTREACH TOOL FOR YOU TO USE

*This brochure describes the programs offered by NAMI's Education, Training, and Peer Support Center.*



Contact [Lynne Saunders](#). Tell her how you plan to use the brochure and you will receive your free copies.

If you are working with a Veterans Health Administration (VHA) facility you can request the veteran-specific version of this brochure.

**[CLICK TO SEE HOW OTHERS HAVE USED THEIR FREE BROCHURES!](#)**