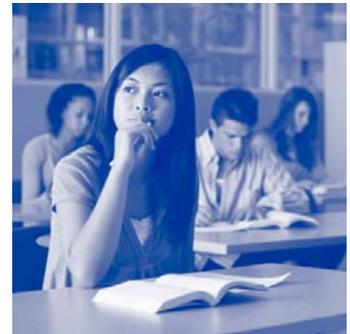


**NAMI PARENTS AND TEACHERS AS ALLIES:  
AN IN-SERVICE MENTAL HEALTH EDUCATION PROGRAM FOR SCHOOL PROFESSIONALS**



**WHAT IS PARENTS AND TEACHERS AS ALLIES?**

*Parents and Teachers as Allies* is a two-hour in-service program that focuses on helping school professionals and families within the school community better understand the early warning signs of mental illnesses in children and adolescents and how best to intervene so that youth with mental health treatment needs are linked with services. It also presents the lived experience of mental illnesses and how schools can best communicate with families about mental health related concerns.



**EACH IN-SERVICE PROGRAM:**

- Is delivered by a trained team, including a facilitator, a parent, an individual who has had to cope with mental illness and school growing up, and an educational professional.
- Follows a structured format covering issues frequently faced by school professionals, parents, and caregivers.
- Has been well-tested and has produced positive results in diverse schools across the country.



The program concludes with a facilitated, interactive discussion that encourages audience participation.

Participants will leave the in-service program with an information and resource booklet as well as a better understanding of:

- The early warning signs of mental illness.
- The lived experience of parents raising a child with a mental illness.
- The individual experiences of the issues children and adolescents face when mental illness is part of their school life.

**HOW CAN I BRING PARENTS AND TEACHERS AS ALLIES TO MY SCHOOL?**

Contact your local NAMI affiliate, you can find it by visiting [www.nami.org/local](http://www.nami.org/local), to learn about how you can bring this in-service program to your school.

For more information, please visit [www.nami.org/parentsandteachers](http://www.nami.org/parentsandteachers)

**WHAT PARTICIPANTS ARE SAYING ABOUT PARENTS AND TEACHERS AS ALLIES**

“This was a very powerful presentation. I will think twice before I blame or become upset or intimidating with assertive parents.”

“Awesome! All staff school staff should get training, including special education and counseling departments.”

“Thank you for coming and sharing these incredible struggles. You are certainly helping things change for the better with this great organization and education!”