Comparison of CIT for Youth Curriculum Models

To access contact information for up-to-date information and these curricula, visit NAMI's CIT for Youth Resource Center at www.nami.org/citforyouth. This chart is not an exhaustive list of CIT for Youth programs.

Community	Training Hours and Description	Audience	Curriculum Topics
Utah	Eight hours In-Service	CIT-trained community law enforcement officers and school resource officers (SROs). These officers have already received 40 hours of CIT training before this eight-hour, in-service.	• Introduction • Child and Adolescent Development • Child and Adolescent Psychiatric Disorders • Suicide/Self Injurious Behavior Assessment and Intervention • Juvenile Civil Commitment Laws/Legal Issues • Intervention Strategies • Working with Supports and Resources
Lake Charles, La.	40 hours CIT training that includes a youth-focused portion	SROs who have not previously received CIT training.	• Introduction to Clinical Issues Relating to Mental Health • Understanding Psychopharmacology • Co-occurring Disorders in Adolescents • What Law Enforcement Needs to Know about Families and Consumers • Suicide Intervention • Basic Primer: Axis II Diagnoses • Basic Primer: Axis I Diagnoses • Less Lethal Devices: Their Capabilities and Shortcomings • Non-Violent Crisis Intervention • Post Traumatic Stress Disorder • Listening and Responding in Crisis Intervention • Legal Issues for Law Enforcement Officers • Drug Assessment: Indications of Intoxication, Overdose, and Withdrawal • Special Problems of Childhood and Adolescence

Comparison of CIT for Youth Curriculum Models (continued)

Community	Training Hours and Description	Audience	Curriculum Topics
Madison County, Ill.	Eight hours In-Service	CIT-trained, youth assigned community law enforcement officers and SROs. These officers have already received 40 hours of CIT training before this 8-hour, in-service.	• Introduction • Power Intimacy Competency • Most Common Mental Health Disorders • What's Different About Youth Mental Illness Diagnoses • Child and Adolescent Brain Development • Adverse Childhood Experience Study (ACE) • Post-traumatic Stress Disorder • Suicide • Self-harm (*e.g.*, cutting, burning, eating disorders, etc.) • Substance Abuse • School Violence • Bullying • Power of Body Language, Tone of Voice and Words • Reflective Listening • Engaging the Community: Parents and Teachers as Allies
Models for Change[++]	Eight hours In-service	CIT-trained law enforcement officers. These officers have already received 40 hours of CIT training before this 8-hour, in-service.	• Introduction/Welcome/Overview • Adolescent Development • Adolescent Psychiatric Disorders and Treatment • Crisis Intervention and De-escalation • The Family Experience • Legal Issues • Connecting to Resources • Evaluation/Conclusion

[++]The Models for Change CIT for Youth curriculum is currently only available in communities in select states. For more information, visit www.modelsforchange.org.

Comparison of CIT for Youth Curriculum Models (continued)

Community	Training Hours and Description	Audience	Curriculum Topics
Chicago, Ill.	40 hours Advanced CIT for Youth training.	Sworn school patrol officers for CIT for Youth and the Culture of Calm and school personnel (*i.e.* teachers, administration, security and support staff). Officers must complete the 40-hour state certified basic CIT training prior to taking the advanced CIT for Youth. Upon completion officers have received 80 hours of mental health training.	• Child and Adolescent Overview • Child and Adolescent Brain Development • Mental Illness: Signs and Symptoms • Medical and Developmental Disabilities • Parents and Teachers as Allies (NAMI signature education program) • IEP, 504, Behavioral Plans and Mental Illness • Risk Assessment and Crisis Intervention Skills • Violence, Urban Trauma and Mental Illness • Suicide and Self-Injurious Behaviors • Eating Disorders • Substance Abuse and Co-occurring Disorders • Psychotropic Medications • Juvenile Legal Issues • Department Procedures and Special Circumstances • Family Perspectives and Consumer Panel • Seamless Integration with Schools (Chicago Public Schools) • Community Resource Panel • Youth Investigators, Juvenile Justice and JICS Project • FBI School Violence and School Shooters • Crisis Intervention Role Play

Comparison of CIT for Youth Curriculum Models (continued)

Community	Training Hours and Description	Audience	Curriculum Topics
San Antonio, Texas	40 hours CIT for Youth training Approved by the Texas Commission on Law Enforcement Officer Standards and Education. Provides Continuing Education Units (CEUs) to law enforcement officers.	SROs who have not previously received any CIT training.	• Introduction to Crisis Intervention • Officer Tactics and Safety • Active Listening and De-escalation Techniques • Mental Illness in Children • Legal Issues and Emergency Detention • Child Abuse and Neglect and Duty to Report • Brain Development and Developmental Disorders • Informed Consent • Suicide Intervention • Learning Disabilities • Family and Child Perspective • Cultural Competency and Diversity • School Policies • Community Resources • Psychotropic Medications